

K and C Learning Center LLC's Weekly

Meal Planner

DATE: TBA

Weekday	Breakfast	Snack 1	Lunch	Snack 2	Dinner	Snack 3
Sunday	Closed	Closed	Closed	Closed	Closed	Closed
Monday	Apples, Oatmeal, Milk	Gramcrackers, Water, Oranges	Grape juice, Beef hotdogs,	Apples, Gramcrackers,	Grape juice, Beef hotdogs,	Gramcrackers, Water, Oranges
Tuesday	Cheerios, Milk, Banana	Clery with peanut butter, Granola	Chicken Tacos, Mix fruit,	Clery with peanut butter, Granola	Chicken Tacos, Mix fruit,	Clery with peanut butter, Granola
Wednesday	Granola, Raisins, Milk, Pears	Yogurt, Muffin, water, apples	Spaghetti and meatballs, Grapes,	Yogurt, Muffin, water, apples	Spaghetti and meatballs, Grapes,	Yogurt, Muffin, water, apples
Thursday	Raisinbran, Milk, Banana	Cheese, crackers and meat, Apples,	Cheeseburgers, fries, mix fruit	Cheese, crackers and meat, Apples,	Cheeseburgers, fries, mix fruit	Cheese, crackers and meat, Apples,
Friday	French toast, Milk, Mix fruit	Popcorn, String Cheese, Granola	Pizza, Grapes, Apple juice,	Popcorn, String Cheese, Granola	Pizza, Grapes, Apple juice,	Popcorn, String Cheese, Granola
Saturday	closed	closed	closed	closed	closed	closed